



UTHM
Universiti Tun Hussein Onn Malaysia

UNIVERSITI TUN HUSSEIN ONN MALAYSIA

**FINAL EXAMINATION
SEMESTER II
SESSION 2015/2016**

COURSE NAME : COMMUNITY NUTRITION
COURSE CODE : BWD 31203
PROGRAMME CODE : BWD
EXAMINATION DATE : JUNE / JULY 2016
DURATION : 3 HOURS
INSTRUCTION : ANSWER ALL QUESTIONS

THIS QUESTION PAPER CONSISTS OF **TWO (2)** PAGES

- Q1** The incidence of diabetes are increasing worldwide, including Malaysia. As a community nutritionist, you are given funding by the Ministry of Health to conduct a health program. By using that funding, focus on one level of prevention; explain and discuss the nutrition prevention that can be conducted in that level.
(20 marks)
- Q2** Iodine Deficiency Disorders (IDD) has been a public health problem in certain remote areas in Malaysia. In 1990's, Malaysia Ministry of Health has introduced several strategies to overcome that problems. Highlight the strategies which can be classified as successful.
(20 marks)
- Q3** As a community nutritionist, you are to develop a new "food basket" to be distributed to malnourish children in Batu Pahat district. Formulate the content of the food basket. Give reason and discuss the the answer for each content of the food.
(20 marks)
- Q4** Systematic gathering, verifying and interpreting of data are needed to identify nutrition-related-problems. Identify **FIVE (5)** nutrition assessment that can be conducted in the orphanages shelter that consist of about 65 childrens ages between 9 to 17 years old. Please elaborate your answer.
(20 marks)
- Q5** As the visiting community nutritionist you are to provide consultation to the pregnant mother in the local clinic. Explain the advice you can give to the targeted vulnarable population.
(10 marks)
- Q6** National Coordinating Committee on Food and Nutrition, Ministry of Health Malaysia has come out with a Malaysian Dietary Guidelines for Children and Adolescents (2013). One of the key message is to educate children on the use of nutrition information on food labels.
(i) List **TWO (2)** recommendations to achieve that massage.
(ii) Propose the education plan for the children to achieve that massage.
(10 marks)

- END OF QUESTIONS -